



SCIENCE FORUM 2013
NUTRITION AND HEALTH OUTCOMES:
TARGETS FOR AGRICULTURAL
RESEARCH



**Forest products
for
diversified and balanced diets**



Netherlands

Development

Organisation

23–25 SEPTEMBER 2013, BONN, GERMANY

Presented by Marguerite BELOBO MBIA
SNV CAMEROON



SNV

Connecting People's Capacities

CONTEXT

- Cameroon ranked “serious” on the Global Hunger Index (2011)
- Household dietary diversity score is average 3.6 on scale of 12
- Difficulty in household food provisioning during at least 4 months of the year
- High dependence on forest resources for food provisioning:
 - 500 known products of plant origin
 - 85 of animal origin

Our study on food accessibility:

http://www.snvworld.org/sites/www.snvworld.org/files/publications/nutrition_survey_report.pdf



SNV CAMEROON'S INTERVENTION

USING COMMUNITY FORESTS RICH BIODIVERSITY TO PROMOTE FOOD ACCESS AND AVAILABILITY

- ✓ Working to empower poor pygmee and bantu women

- ✓ Strengthening their capacity to:
 - Organise themselves
 - Collect
 - Process
 - Consume
 - Commercialise more than 6 forest products



See our materials:

<http://www.snvworld.org/node/7053> to 7058

IMPACT

- 15% auto-consumption of forest products
- Increased incomes (1300 Euro/woman/season)
- 8% of income used to buy complementary food



- Increasingly diversified and balanced diets
- Increased food security

INCREASING NUTRITIONAL IMPACT

FOCUS RESEARCH ON FOREST PRODUCTS

- ❖ Nutritional value of key NTFPs
- ❖ Domestication techniques
- ❖ Refined processing techniques
- ❖ Preservation technologies to increase shelf-life
- ❖ Women-friendly labour and time saving equipment



Watch our short films:

www.youtube.com/watch?v=W6RRIBUtB2c
www.youtube.com/watch?v=rOwyHP0ywm
www.youtube.com/watch?v=nToy89siy00

THANK YOU FOR YOUR ATTENTION



SMART DEVELOPMENT WORKS